



Welcome Back CES! Hirschhoff Homeroom
Grades 6 Instructional Activities for Day 1 of Remote
Instruction (Either Thursday 9/10 or Friday 9/11)

IMPORTANT: Your first remote day is an attendance and learning day.
Please follow the time frames to the best of your ability.

8:45-9:00	Google form: Required for attendance
9:00-9:30 Watch the back to school training videos for routines and health	Hand washing: <ul style="list-style-type: none">• Hamilton Health Sciences handwashing experiment video.• Hand Washing Video Social Distancing: <ul style="list-style-type: none">• Social Distancing Explained Respiratory Hygiene: <ul style="list-style-type: none">• Mr. Derby and Mrs. Rosher's Mask Video
9:00-9:45 Back to School Writing	Take a piece of paper and divide it in 4 sections/boxes. In each box write your answers to the following questions. Bring this in on your first in-person day! <ul style="list-style-type: none">• 3 Things you did over the summer• 3 Of your favorite things• 3 Things you are excited about for this school year• 2 Things that worry you about coming back to school
9:45-10:15	Snack and movement break!
10:15-11:00 ELA	Make sure you are logged in to your computer with your google account. Watch Mrs. Streeter's Mystery Flipgrid . Then create your own flipgrid. You have five minutes to introduce yourself to me and share 5 items that tell a little bit about you.
11:00-11:15 Movement and mindfulness break	Everyone has different feelings about returning to school. Some people find mindfulness

	<p>strategies helpful. Watch these videos and try a few strategies from our counselors:</p> <p>5 Finger Breathing Square Breathing Triangle Breathing 5 Senses Breathing Movement Break</p>
11:15-12:00 Science/SS	<p>Directions: When you are finished completing your slides, you must hit “share” (top right) and send to cmarchese@schodack.k12.ny.us</p> <p>https://docs.google.com/presentation/d/1Jbf_urh_afyz4cKzLDH6FFfpJQunbC0IZk3stmomPUew/copy</p>
12:00-1:00	Lunch/Recess
1:00-1:30 CHAT!	<p>Google Meet with Mrs. Rosher and Mr. Derby Type in Google code to join: CES2020</p>
1:30-2:15 Math	<p>Do this activity below today. There are questions for you to answer on three slides. Be sure to read the directions. When you are done, share (top right) with ahirschhoff@schodack.k12.ny.us</p> <p>https://docs.google.com/presentation/d/1DSLkYi5wGb3YOa7R1GoWzSYCxg6yi-5lsbc7glv1yIA/copy</p>
2:15-2:45 Art	<p>Art activity Watch this video and make your own Masked Hero!</p>